

Conference Schedule

Monday, 21st September, 2009

8.00am – 9.00am	Registration	
9.00am – 9.10am	Dr. Tony Crooks	<i>Introduction</i>
9.10am – 9.20am	Margaret Maher, former Director, Archways & Aileen O'Donoghue, CEO, Archways	<i>Welcome</i>
9.20am – 9.40am	Barry Andrews TD, Minister for Children & Youth Affairs	<i>Opening Address</i>
9.40am – 10.10am	Dr. Rosario Power, HSE.	<i>Addressing problematic behaviour - a systemic approach</i>
10.10am – 10.50am	Prof. Carolyn Webster-Stratton, University of Washington, Seattle	<i>Keynote Address: Preventing and Treating Conduct Problems in Young Children: Parents, Teachers, Schools and Dinosaurs</i>
10.50am – 11.15am	Tea & Coffee	
11.15am – 11.50am	Dr. Sinead McGilloway, NUI, Maynooth	<i>Testing the benefits of the IY programme in Ireland: an experimental study (RCT)</i>
11.50am – 12.05pm	Prof. Donal O'Neill, NUI, Maynooth	<i>A Cost Analysis of the Incredible Years Parenting programme</i>
12.05 pm – 12.25pm	Mairead Furlong, NUI, Maynooth	<i>Parents' experiences of the IY parenting programme; a qualitative study</i>
12.25pm – 12.45pm	Archways RCT delivery team	<i>IY on the ground – working together</i>
12.45pm - 2.00pm	Lunch	
2.00pm – 2.50pm	Workshops	<i>The implementation and delivery of Incredible Years in Ireland</i>
2.50pm – 3.15pm	Tea & Coffee	
3.15 – 3.30pm	Helen Cahill, Archways	<i>Report from Workshops</i>
3.30pm – 3.50pm	Prof. Judy Hutchings, Incredible Years Wales Centre, University of Bangor	<i>Recent findings from Wales: the IY Toddler Programme and the older IY School Aged Programme</i>
3.50pm – 4.10pm	Prof. Carolyn Webster-Stratton, University of Washington, Seattle	<i>Closing Address</i>
4.10pm – 4.30pm	Dr. Tony Crooks, Chairperson, Archways Board of Directors	<i>Close</i>
4.30pm – 6.00pm	Reception	

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National Conference 2009

Establishing an Evidence Base for the Incredible Years in Ireland



Royal Hospital
Kilmainham, Dublin
21st September 2009

www.archways.ie

Welcome

On behalf of Archways I am pleased to welcome you to the Archways National Conference 2009. Building on the developments of the last few years this year's conference will look at the preliminary results of the parent phase of the Incredible Years Ireland Study. This is part of a three-year national evaluation of the Incredible Years (IY) series of programmes in Ireland undertaken by Archways and in conjunction with NUI, Maynooth. The conference is also an opportunity to welcome Prof. Carolyn Webster-Stratton, developer of the Incredible Years Series, on her first visit to Ireland.

The conference comes at an exciting time in the development of Archways. Over the course of the last few years an increasing number of programmes have been delivered nationwide. The heightened interest in the programmes is also reflected in an increase in the number of locations Archways is working with throughout the country. It is apparent that in these difficult economic times service providers require evidence-based programmes, tested and proven to produce tangible benefits for families experiencing stress and difficulty. With the positive results emerging from the research and the growing interest in and implementation of the IY programmes nationwide we hope to ensure the provision of an evidence-based service to meet the needs of families with children who are experiencing social, emotional and behavioural difficulties.

I would like to take this opportunity to thank everyone involved in this conference. Thank you to the Archways Board of Directors, The Atlantic Philanthropies and our other funders, the Archways team, the research team at NUI, Maynooth and the numerous agencies we work with nationwide for their support and hard work in making this event possible. I would also like to extend a special thank you to the speakers and contributors at this year's conference for sharing their expertise and experience with us.

Enjoy the conference!

Aileen O'Donoghue
CEO, Archways

Archways

Archways is a national organisation promoting and researching the use of evidence-based programmes as an intervention for children and young people experiencing social, emotional and behavioural difficulties (SEBD). The organisation was established in 2007 to promote the roll-out and evaluation of the Incredible Years (IY) series in Ireland.

The team at Archways work closely with other service providers, parents, carers and teachers to enable them to meet the needs of these children and young people. Among other things Archways works to: provide direct delivery of the IY programmes to parents, teachers and children; provide ongoing training, materials and consultation to service providers; advise and support agencies to enable them to deliver evidence-based programmes; manage quality research to evaluate programme implementation and outcomes; promote inter-agency training and cooperation; advocate nationally for the use of evidence-based programmes for children and young people experiencing SEBD; and support group leaders to maintain programme fidelity and attain accreditation.



Conference Chairperson: Dr. Tony Crooks holds Masters degrees from Trinity College, Dublin and the University of Toronto and a PhD from TCD. He is currently Adjunct Professor of Applied Social Studies at NUI Maynooth and Chair of the Institute for Professional Management Practice in the Community and Voluntary Sector, established by the National College of Ireland and advisor to the Irish Childcare Policy Network. Previously he was a teacher and Research Senior Lecturer in TCD and Deputy Director of the City of Dublin VECs Curriculum Development Unit. In 1991 he was seconded to the Department of the Taoiseach and in 1993, he was appointed the first CEO of Area Development Management (now Pobal). In recent years he has been a member of the National Education Welfare Board, the National Childcare Co-ordinating Committee. Dr. Tony Crooks has recently been appointed Chairperson of the Board of Directors of Archways.



Keynote Speaker: Prof. Carolyn Webster-Stratton is Professor and Director of the Parenting Clinic at the University of Washington. She is a nurse and licensed clinical psychologist and leading expert on parenting, family therapy and children's emotional, social skills and problem solving interventions. She has developed and researched the Incredible Years Parent, Teacher and Child Training Series, which is a set of evidence-based programmes designed to promote high-risk children's social and emotional competence and to prevent and treat aggression. These interventions have been extensively evaluated in randomised trials and have received many awards including the 1997 National Mental Health Lela Rowland Prevention Award for best mental health prevention programme, the Office of Juvenile Justice Delinquency Prevention "Blueprint" award and the Department of Health and Social Services, Center for Substance Abuse Prevention award for "exemplary" interventions. She has been the recipient of the prestigious US National Institute of Mental Health Research Scientist Award and in 2007 was awarded University of Washington Distinguished Faculty Award as well as Outstanding Alumnae Award.



Dr. Rosario Power trained as a Clinical Psychologist at the Queens University, Belfast. Throughout her career she has worked with people across the lifespan, but has been working with the Linn Dara Child and Adolescent Mental Health Service for more than 10 years and is currently practicing as a Principal Specialist with that service and is based in county Kildare. She has a particular interest in using strengths based approaches that aim to acknowledge and enhance skills.



Dr. Sinéad McGilloway (Senior Lecturer) is Principal Investigator (PI) of the *Incredible Years Ireland Study* and Director of the Mental Health and Social Care Research Unit, Department of Psychology, NUI Maynooth. Sinéad is a public health/community psychologist with many years' experience in undertaking applied, policy-relevant health and social care research. She has researched, secured grants and published widely in the area of health and social care and has particular expertise in researching vulnerable, marginalised and socially disadvantaged groups. Her research interests include child and adult mental health and health/social service evaluation. She has authored and co-authored over 100 national and international publications including: peer-reviewed papers; books and volumes; book chapters; research reports; conference proceedings papers and abstracts; and articles of professional interest.



Prof. Donal O'Neill is a Professor of Economics at NUI Maynooth. He obtained his PhD from the University of Iowa, USA, and in 2000, he was awarded the Barrington Medal by the Council of the Statistical and Social Inquiry Society of Ireland, in recognition of his contribution to research in the social sciences. He has published articles examining the impact of labour market reform on unemployment, the gender and racial wage gaps, the modelling and measurement of intergenerational mobility and the measurement and meaning of inequality between countries. His research has been published in some of the world's top economics journals. He has also contributed a number of chapters to books on economic policy and has been involved in numerous research projects for government departments in Ireland.



Mairéad Furlong is a qualified Counselling Psychologist whose Doctoral Fellowship constitutes an important qualitative sub-study within the larger *Incredible Years Ireland Study*. Her PhD aims to provide an in-depth and contextual understanding of the 'on the ground' implementation of the IY parenting programme in Ireland. She is also involved in assessing the implementation fidelity of the programme and in extensive fieldwork. Additionally, Mairéad is currently leading on a Cochrane Review entitled: '*Behavioural, group-based parenting interventions for children aged 3-12 with early onset conduct problems*'. This review secured funding under the prestigious Health Research Board (HRB) Cochrane Fellowship scheme and involves a team of national and international experts led by Dr. Sinéad McGilloway. The results will provide invaluable insights into the effectiveness of parent training interventions/programmes throughout the world.



Prof. Judy Hutchings has worked in Wales for over 30 years. She is a Consultant Clinical Psychologist with the North West Wales NHS Trust and has developed services for children with significant behavioural difficulties. Since 1998 she has been director of a research team based at Bangor University. She has held many grants and was the principal grant holder for the Health Foundation Grant researching the efficacy of the Incredible Years BASIC parenting programme for 'high risk' children in Sure Start services across North Wales. She has published extensively and established the Incredible Years Centre Wales in 2003 to research and train people to deliver the Incredible Years Parent, Child and Teacher programmes. She was the Welsh Woman Educator of 2004 and is currently working with the Welsh Assembly Government providing training and consultation to services across Wales. She has supported developments in Ireland for many years and is a consultant to the Archways project.