

## The Incredible Years Infant Programme Group Leader Training

<b>TRAINING:</b>	IY Infant Group Leader training
<b>DURATION:</b>	2 day training, 9.00am – 4.30pm (please arrive at 8.45am for registration)
<b>DATES:</b>	August 31 <sup>st</sup> & September 1 <sup>st</sup>
<b>LED BY:</b>	Prof. Judy Hutchings, IY Trainer
<b>VENUE:</b>	Stewarts Hospital Resource Centre, Rossecourt, Balgaddy, Lucan, Co. Dublin
<b>COST:</b>	€250
<b>CONTACT:</b>	training@archways.ie or Ph: 01-4568734

The recently published Infant programme is based on the same principles as the Incredible Years BASIC Parent Programme for parents of younger children. The Infant programme is comprised of eight sessions that focus on the child's first year of life. The Incredible Years Infant programme supports parents and their babies in the following ways: learning how to observe and read babies' cues and signals; understanding babies as intelligent learners; learning about ways to provide physical and tactile stimulation for babies and its importance for brain development; understanding the importance of finding time for oneself to renew energy for parenting; understanding about babies' development of object and person permanence and more!

**This 2 day training is designed for IY group leaders and Public Health Nurses. Group therapy process issues such as empowering parents, collaborating, dealing with resistance, confronting and teaching, supporting and advocating for parents will be discussed.**

For more information on Archways or the Incredible Years Series see [www.archways.ie](http://www.archways.ie)